

# JANUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Grades 6-8 Breakfast</b>				
<i>MENUS ARE SUBJECT TO CHANGE</i>				
<b>WINTER RECESS – Happy Holidays</b>				
		1-1	1-2	1-3
1-6 Gourmet Waffles - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-7 Turkey Ham & Cheese on Hawaiian Roll Fruit - <b>S</b> Fruit Juice Got Milk	1-8 Chocolate Crescent - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-9 French Toast Trio - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-10 Fiesta Bean & Cheese Burrito - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk
1-13 <i>New!</i> Whole Grain Strawberry Pocket - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-14 Italian Cheese Pocket - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-15 Mini French Toast Bites - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-16 Morning Beef Sausage Sandwich Fruit - <b>S</b> Fruit Juice Got Milk	1-17 <i>New!</i> Cinnamon Pan Dulce - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk
1-20 <b>MARTIN LUTHER KING, JR. DAY</b>	1-21 <i>New!</i> Deluxe Cereal Bowl Fruit - <b>S</b> Fruit Juice Got Milk	1-22 Gourmet Waffles - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-23 French Toast Trio - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-24 Breakfast and Sausage Square Fruit - <b>S</b> Fruit Juice Got Milk
1-27 Café LA Coffee Cake - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-28 Chicken Pancake Sandwich Fruit - <b>S</b> Fruit Juice Got Milk	1-29 French Toast Trio - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-30 Italian Cheese Pocket - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-31 Cinnamony Pancakes - <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 12/6/19